About Work. Life.

A collection of useful and interesting tips, hacks and insights from people who have made a mark in their field, and that readers might find helpful in their professional and personal lives.

It’s a collection of short snippets of hard-earned wisdom and insights from people—mostly women—who have achieved much in their careers. The advice you will find here is, for the most part, distilled from a series of masterclasses run by the Royal Irish Academy and Accenture Ireland.

About the author

Dr Claire O’Connell is a scientist-turned-writer. From Dublin, Ireland, she studied science at University College Dublin, graduating in 1998 with a PhD in cell biology. She also holds a Master’s in Science Communication from Dublin City University. Since 2005, she has written extensively for Silicon Republic and for The Irish Times. In 2016, she was named Irish Science Writer of the Year. Claire lives in Dublin with her husband, Fearghal, and their two children.

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